

# Nike Mind 001 & 002 Sizing Cheat Sheet

A quick-reference guide based on real-world fitting experience.

## My Nike Mind Sizing Profile

**Brannock Size:** 9D to 9E

**Foot Shape:** Slightly wide forefoot

**Preferred Fit:** Comfortable with a little room up front

**Typical Nike Size:** US 9

**Nike Mind Size:** US 10 in Mind 001, US 9 in Mind 002

## Mind 001 Sizing Recommendations

- Most people should size up one full size.
- True size feels short and exact.
- Half-size wearers should round up.
- Works best with extra toe room, especially if wearing socks.

## Mind 002 Sizing Recommendations

- Most people should stay true to size.
- Half sizes are available.
- More balanced and forgiving fit.
- Easier to size correctly than the Mind 001.

## Mind 001 vs Mind 002

Feature	Mind 001	Mind 002
Overall Fit	Runs Small	True to Size
Half Sizes	No	Yes
Toe Room	Limited	Good
Wide Feet	Size Up	TTS or +0.5
Ease of Sizing	Tricky	Easy
My Size	US 10	US 9

### Wide Feet Recommendations

**Mind 001:** Strongly consider sizing up one full size. The fit is short and can feel restrictive through the forefoot.

**Mind 002:** Most slightly wide-footed people can stay true to size. Very wide feet may prefer going up half a size.

### Quick Sizing Tips

1. Mind 001 and Mind 002 do not fit the same.
2. Socks matter much more in the Mind 001.
3. If you're between sizes in the Mind 001, go up.
4. If you already know your Nike size, start there for the Mind 002.
5. When in doubt, prioritize toe room in the Mind 001.